

**KENT AC**  
**B TEAM RECORDS**

<b>Event</b>	<b>Name</b>	<b>Time/Dist</b>	<b>Date set</b>
100m	C Williams	10.7	15 May 2010
200m	C Williams	21.5	02 May 2009
400m	J Browne	48.2	27 June 2009
800m	J Mays	1.52.2	02 May 2009
1500m	J Mays	3.56.9	02 May 2009
5000m	P Molyneux	15.18.0	15 May 2010
110mH	J Appiah	15.6	11 July 2009
400mH	S Mulligan	55.3	22 May 2004
3000m SC	D Gitau	9.45.0	14 August 2004
LJ	J Brown	7-12	30 July 2011
TJ	M Burton	14-24	20 August 2005
HJ	P Ujah	1-97	3 May 2008
PV	H Frost	3-80	12 July 2008
Javelin	M Hall	54-93	26 June 2010
Shot	C Green	13-74	28 July 2012
Discus	A Porter	39-20	28 June 2003
Hammer	S Chappell	43-34	27 June 2009
4x100m	B Opoku/C Williams/A Broderick/J Barnes	43.7	02 May 2009
4x400m	A Hassan/A McCammon/C Williams/E Dawkins	3.24.1	15 May 2010