

## Kent AC Monthly Committee Meeting – Minutes March 2020

2nd March 2020	19.30 – 21.20	Blythe Hill Tavern
Type of meeting	Monthly Committee Meeting	
Chairperson		
Note taker	John Barron	
Present	Bernie Hutchinson, Neil Gordon-Orr, Phil Marsden, Norman Fairbrass, Dennis Fairbrass, Susie Fairbrass, Dan Pettitt, David Devlin, Dave Morgan, Spenser Lane, Adrian Musson, Joe Appiah and Ken Pike	
Apologies	Alan Curtis, Ellie Brown, Len Reilly, Victoria Buck, Ted Aston, Pete Lighting and Katie Rowland	

### Item 1: Previous Minutes

	Person Responsible	Action/Date
<b>Matters Arising</b>		
1. <b>Track clock:</b> Ongoing research. Will keep committee advised.	<b>Spenser</b>	<b>In due course</b>
2. <b>Surrey league AGM:</b> (Vets) meeting end of April: Will feedback to committee at May 4 <sup>th</sup> meeting	<b>Ken</b>	<b>May committee meet</b>
3. <b>Club track &amp; field equipment audit:</b> <ul style="list-style-type: none"> <li>• 45 professional good standard hurdles</li> <li>• 12 road cones</li> <li>• Remaining equipment is property of Ladywell Arena</li> </ul>	<b>Ted</b>	<b>Actioned</b>
4. <b>Volunteer Lead</b> It was proposed the committee should invite a club member to head up this important club roles. A role description was approved. Copy attached. Circulate to members.	<b>John</b>	<b>9th March</b>
5. <b>EA Club Visit / Tuesday 28<sup>th</sup> April/Chris Jones and Natalie Kavanagh Clarke</b>		
1. Contact Chris to ascertain his objectives for the visit.	<b>John</b>	<b>9th March</b>
2. Prepare a ‘club overview’ for Chris	<b>John</b>	<b>April committee meet</b>
3. Proposed format of visit: <ul style="list-style-type: none"> <li>i. Ladywell Area 18:30 – 19.45</li> <li>ii. Ladywell Tavern 20:00 – 21.00</li> </ul>	<b>John</b>	<b>Reserve table</b>
4. Inform all members (early April) the purpose of visit and invite questions for Chris and Natalie.	<b>John</b>	<b>3rd April</b>
5. Share questions with Chris in advance of visit.	<b>John</b>	<b>21st April</b>
6. All members welcome to attend.		

Item 2: Club Secretary Report		
	Person Responsible	Action/Date
<b>1. Club 250 draw:</b> a. March winner (not until 7 <sup>th</sup> ) <b>2. Club Logo:</b> eps version now available	<b>John/David</b>	<b>9<sup>th</sup> March</b>
Item 3: Treasurers Report		
	Person Responsible	Action/Date
<b>1. Bank balance</b> at end of December £26816 <b>2. Nationals/Nottingham:</b> Final cost £1111 <b>3. Gazebo:</b> £1074	<b>David</b>	
Item 4: Membership Secretary Report		
	Person Responsible	Action/Date
<b>1. New Members: 12</b> <ul style="list-style-type: none"> <li>• Callum Grant</li> <li>• Leslie Lartey</li> <li>• Myles Wilson</li> <li>• Joseph Hodgson</li> <li>• Tatiana Smorodina</li> <li>• Oliver Walsh</li> <li>• Lukas Wong</li> <li>• Sebastian Dyer</li> <li>• Alex Robbins</li> <li>• Jacqueline Armit</li> <li>• Paul Butler</li> <li>• Mamadou Souso Diame</li> </ul> <b>2. Resignations:</b> <ul style="list-style-type: none"> <li>• Owen Greene (returning to Australia)</li> </ul>	<b>Bernie</b>	<b>Actioned</b>
Item 5: Results		
	Person Responsible	Action/Date
<b>1. Surrey League (Men)</b> – Race IV (Lloyd Park 8 <sup>th</sup> February) <b>Winners 6 out of last 7 seasons</b> <b>2. Surrey League (Women)</b> – Race IV (Lloyd Park 8 <sup>th</sup> February) <b>3. Nationals XC:</b> Nottingham 22 <sup>nd</sup> February – <i>see attached</i>		

## Item 6: AOB

	Person Responsible	Action/Date
<p><b>1. Club comms.</b> Phil updated the committee on his proposed strategy for the launch of a weekly club bulletin. Test issue proposed for mid-April for circulation to committee.</p>	<b>Phil</b>	<b>Mid-April</b>
<p><b>2. Members fees 21/22.</b> It was agreed they should remain at current levels.</p>	<b>Bernie</b>	<b>March 21</b>
<p><b>3. Member exit survey.</b> It was agreed not to proceed with proposal.</p>		
<p><b>4. New coaching role proposal.</b> The committee welcomed a coaching proposal from Ellie Brown that would add some new and positive dimensions to the club's coaching offer for our female (and male) members.</p> <ul style="list-style-type: none"> <li>- For further discussion at the April committee meeting.</li> <li>- A note was sent to Ellie today</li> </ul>	<b>Committee</b>	<b>6th April</b>
<p><b>5. Commercial activity:</b> members promoting their services to other members via Kent AC club social media was discussed.</p> <p>Kent AC is a 'not for profit' organisation and as a result of recent activity we shall now be adding a note to our sites discouraging members from promoting their services.</p> <p>The committee has no objections to members contacting one another, but not via Kent AC sites for the purposes of commercial activity.</p>	<b>John</b>	<b>3rd April</b>
<p><b>6. Female members (health, wellbeing and socials) working group.</b> <i>See attached.</i> An initiative welcomed by the committee and one it would like to see flourish. In time it is hoped, where relevant, it can be extended to include male members.</p>	<b>John/Spenser</b>	<b>ASAP</b>
<p><b>7. VETS competitions.</b> Proposal to ascertain the interest from members for participation in VETS competitions. The committee is supportive.</p>	<b>Georgina</b>	<b>Ongoing</b>
<p><b>8. May committee meeting.</b> Agreed no change to date. Monday 4<sup>th</sup> May.</p>	<b>Len</b>	<b>April Meeting</b>



## **February 2020: Competition Results**

### **Div. 1: Surrey League Match IV (Lloyd Park 8<sup>th</sup> February)** **Winning Teams A&B 19/20 Season**

**A Team:** 10 to score:

- **1st Owen Hind**
- **2nd Max Nicholls**
- **5th John Gilbert**
- **8th Jim Allchin**
- **9th Nick Torry (n/s)**
- **12th Ben Harding**
- **13th Cedric Hauben**
- **19th Chris Greenwood**
- **34th Dave Morgan**
- **35th Dame Dibaba**

**B Team:** 10 to score

- **39th Neil Phillips**
- **46th Sean Fitzpatrick**
- **56th George Russell**
- **60th Joe Hartley**
- **63rd Isaac Maxwell (2nd U20)**
- **67th Matthew Maginn (3rd U20)**
- **75th Barny Day**
- **79th Jonathan Tipper**
- **83rd Will Pitt**
- **87th Adrian Lowther**
  
- **88 Jake English**
- **89 Richard Giles**
- **101 Calum Fraser**
- **109 Tomas Sloan**
- **111 Arif Merali**
- **112 Jordan Weaver**
- **115 Cameron Forrest**
- **116 Dan Ansell**
- **130 Pete Lighting**
- **150 Mark Crabtree**
- **163 Khawaja Shahabuddin**
- **176 Ed Matthews**
- **177 Chris McGurk**
- **190 David Devlin**
- **203 Gary Sullivan**
- **206 John Greene**

## **Div. 1: Surrey League Match IV (Lloyd Park 8<sup>th</sup> February)**

### **WOMEN**

#### **A Team 4<sup>th</sup> (Up from 9<sup>th</sup>) B Team 18<sup>th</sup>**

5 to score:

- **13<sup>th</sup> Alexa Parker**
- **18<sup>th</sup> Katie Rowland**
- **23<sup>rd</sup> Sarah Hanley**
- **35<sup>th</sup> Isobel Bradley**
- **37<sup>th</sup> Teresa Murphy**

**B Team:** 5 to score:

- **48<sup>th</sup> Georgina Wiley**
- **56<sup>th</sup> Eliza Grant**
- **68<sup>th</sup> Victoria Stepanova**
- **110<sup>th</sup> Megan Williams**
- **114<sup>th</sup> Susie Fairbrass**
  
- 129 Zuzana Nemeckova
- 149 Amanda Nio
- 151 Mayuko Tanno
- 176 Johanna Mott
- 183 Sarah Young
- 199 Caroline Ford
- 212 Susanna Davies
- 244 Zoe Gaffen
- 254 Annabelle Hadlow

## **National XC: Nottingham 22<sup>nd</sup> February**

### **Men**

**10<sup>th</sup>** (115 teams) 6 to score:

- **15 John Gilbert**
- **93 Jim Allchin**
- **99 Russell Bentley**
- **128 Cedric Hauben**
- **277 Dame Dibaba**
- **290 Pete Lighting**
  
- 304 George Russell
- 307 Chris Greenwood
- 329 Neil Philips
- 360 Dave Morgan
- 403 Ian Ellwood
- 409 Barny Day
- 451 Daniel Ansell

- 475 Cameron Forrest
- 478 Tomas Sloan
- 502 Dan Pettitt
- 504 Calum Fraser
- 512 Tom Thain
- 645 Jake English
- 734 Michael Duncan
- 839 Arif Merali
- 845 Ron Taylor
- 880 Len Reilly
- 914 Khawaja Shahabuddin
- 937 Chris Quaid

## **Women**

**16<sup>th</sup>** (94 teams)

4 to score:

- **91 Katie Rowland**
- **116 Alexa Parker**
- **128 Sarah Hanley**
- **173 Eliza Grant**
  
- 241 Teresa Murphy
- 286 Megan Williams
- 361 Susie Fairbrass
- 446 Kate Williams
- 447 Amanda Nio
- 461 Victoria Buck
- 510 Sarah Young
- 548 Jo Mott
- 660 Caroline Ford

## **Ends**

## **Kent AC Female Members**

### *Background*

Kent AC has a flourishing female membership base. This provides Kent AC with ever expanding opportunities for participation in races and events and to look for opportunities to further develop talent and help female members reach their running goals. It also provides opportunity to look at coaching opportunities for female members as well as ensuring all coaches at the club are provided with adequate information on coaching female athletes.

Increasing numbers of female members and anticipation of this continuing over the coming years also means there is need to ensure that we are providing adequate health and wellbeing support. This includes physical and mental health support and advice as well as safeguarding. While there are areas of this that are related solely to female athletes (menstruation and menopause being good examples) it is also recognised that providing adequate information is relevant to both male and female members of the club. This includes areas such as eating and exercise disorders, adequate fuelling, iron deficiency and other deficiencies.

### *Suggested areas for discussion and exploration:*

1. Recruitment, retaining and encouraging improvement and development for female athletes
2. Health – including both physical and mental health. Incorporating ensuring female members have adequate information to train in a way that is healthy and safe
3. Safeguarding - including people feeling safe and supported as well as ensuring athletes participating in risk behaviours are identified in appropriate ways
4. Coaching – providing female members with opportunities to coach as well as ensuring all coaches have adequate support and information to train female athletes at all stages of life as well as identification of unhealthy weight and exercise relationships and other mental health issues and how to address these
5. Social opportunities – if/how to create more within club?

### *Club members who have expressed interest in being involved*

- Georgina Wiley (lead)
- Kate Williams
- Ronnie Haydon
- Susie Fairbrass
- Sarah Young
- Ellie Brown
- Victoria Buck
- Katie Rowland

### *Suggested steps*

- Formation of informal working group to discuss opportunities
- Scoping through club members of what they would like for female members
- Recommendations presented to the club
- Implementation plan

Prepared by Georgina Wiley