

Kent AC Monthly Committee Meeting – Minutes May 2020

4th May 2020	19.00 – 20.32	Video & Phone In
Type of meeting	Monthly Committee Meeting	
Chairperson	Alan Curtis	
Note taker	John Barron	
Present	Bernie Hutchinson, Dan Pettitt, David Devlin, Dave Morgan, Spenser Lane, Joe Appiah, Victoria Buck, Ted Aston, Pete Lighting, Neil Gordon-Orr, Norman Fairbrass and Len Reilly	
Apologies	Susie Fairbrass, Phil Marsden, Dennis Fairbrass, Ellie Brown, Katie Rowland, Ken Pike and Adrian Musson	

Item 1: Previous Minutes

	Person Responsible	Action/Date
Matters Arising:		
1. EA Club Visit – Autumn?	Alan	
2. New Coach Agreement: a. Revision v3 made – <i>see attached</i>	John	
3. Coaching Strategy: a. Draft paper for June meeting	John	1st June 2020
4. Club Comms: a. Phil Marsden has decided to step down from the role due to work and lifestyle commitments. A note of thanks from the committee will be sent to him.	Alan	05.05.20
5. Proposed New Coaching Role: a. To provide Ellie with the opportunity to share her proposal with the committee it was suggested we move the date of the June committee meeting to Tuesday 2 nd .	John	07.05.20
6. Vets Competitions: a. An email went to all members in mid-February 2020 asking for comments on suggestions for additional team competitions the club could enter. b. There was a very positive response from Vet members to the proposal – <i>see attached</i> . c. Surrey League XC has stated on twitter it is planning to introduce a vet's element to the competition. d. Committee was receptive to progressing initiative. Discussion around joining Kent t&f vets league. Len to investigate.	Len	Next Meeting

Item 2: Presidents report		
	Person Responsible	Action/Date
1. Coronavirus a. Regular member-wide emails with club news have been going out. The launch of virtual races that all members can participate in has been very well received. The weekly KENTversation podcast is approaching week 10 and goes from strength to strength. The member <i>help</i> member scheme has not been called upon.	Alan	Ongoing
Item 3: Club secretary report		
	Person Responsible	Action/Date
1. Club 250 – May winner: No 47: Ted Aston	David	ASAP
Item 4: Treasurers report		
	Person Responsible	Action/Date
1. Bank balance £26,864.02	David	
Item 5: Membership secretary report		
	Person Responsible	Action/Date
1. New joiners: a. Kahlia Atkinson 2. Resignations: a. Asa Burnett – relocation & injury 3. Club fees/EA: 20/21 a. 375 members liable for subscription b. 124 members have paid - 35.2% c. Next milestone date is September when committee will review and agree how to proceed for the remainder of the year.	Committee	September 2020

Item 6: Results

	Person Responsible	Action/Date
<p>1. Virtual Races:</p> <p>a. Club half marathon – <i>see attached.</i></p> <p>b. National road relays (5K):</p> <p>https://data.opentrack.run/x/2020/GBR/vnrrc/scores/</p> <p>c. Club women – 5k/mile/3K – <i>see attached.</i></p>		

Item 7: AOB

	Person Responsible	Action/Date
<p>1. Virtual Races:</p> <p>a. It was agreed that the Kent AC points of contact for inter-club races are Barny & Ben.</p>	John	05.05.20
<p>2. Athletics Heritage Museum:</p> <p>a. The AAA are actively lobbying various partners involved with the delivery of the 2022 Commonwealth Games to establish a historical and educational museum for the sport. As part of this work they attempting to produce a montage of athletic clubs' badges. Kent AC has responded in detail about our badge history and has also contributed development ideas that may lead to further involvement with the project.</p>	Len	Ongoing
<p>3. Club Comms Manager:</p> <p>a. Amelia & Dan Pettitt have agreed to succeed Phil in the role. Georgina & Jamie have confirmed they are happy to job share the role with them. Amelia will be lead point of contact.</p>	Amelia	Ongoing

Ends 09.05.20



V3

Dear

Volunteer Agreement Between Coach and Kent AC

Thank you for offering to volunteer as an unpaid coach for Kent AC. We are grateful for your involvement and we are committed to your coaching development.

As part of our commitment to you:

- We offer to part fund your EA coaching accreditation courses (plus all reasonable out of pocket travel expenses) and other support and developmental training for the duration of your time with us.
- Our coaching secretary and the coaching team will also offer guidance and direction.
- We will support and encourage the use of the EA mentoring scheme and will help you to improve your skills to the benefit of all Kent AC athletes.
- We will defend your position against disrespectful members and athletes in the event of conflicts and complaints.

Coach Commitments

In return:

- We ask that for a minimum of 6 months you 'shadow' a nominated coach for 2 club training evening per month prior to undertaking any Kent AC part-paid EA coaching accreditation courses.
- The club will invoice you for 50% of the EA course fees and Kent AC will remit to EA the total amount. All out of pocket expenses (agreed in advance) will also be paid by the club.
- We will require you to commit to coaching for a minimum of 12 calendar months following any payment of EA course fees for Leadership in Running Fitness (old level 1) Coaching Assistant (old level 2) and Athletics Coach (old level 3).
- Following accreditation, the minimum requirement is the undertaking of 1 coaching session every 2 weeks.

- Each request for course fees will be reviewed within the context of the club's prevailing coaching requirement. We reserve the right decline fee requests.
- The welfare of the athlete's you coach is paramount, and all coaches should apply EA and club welfare best practice in all circumstances. In particular you should always coach with a minimum 1 club official in attendance in line with EA policy. This is to protect you from misconduct claims.

We look forward to your involvement with the club.

I agree to the terms of the above agreement.

Coach Name (Printed)

Coach Signature

Date

Committee Representative Role:

Committee Representative Name:

Committee Representative Signature:

Date

Ends 07.05.20

Consultation on additional vet's team competition

A mail went to all members in mid-February 2020 asking for comments on suggestions for additional team competitions the club could enter.

Eleven responses were received, all but one male with an age range of 38-87. Two responses came from sprinters. All were supportive.

There was support for all disciplines.

Track Over half had support or strong support for the Kent vets league

Road Support was unspecific, but

Organising Two people offered unspecified help

Separately approaches were made to surrey XC league and the assembly league to introduce vest team competition. The surrey league seemed sympathetic but the agm was cancelled or postponed due to covid and so it's probable nothing would happen. The assembly league declined due to the extra work complexity it would entail for the results compiler.

The southern/Kent vest track league were contacted to find out the process of entering. The two Kent divisions both have six teams (and are run on six lane tracks) so a vacancy would be needed to enter. Application need to be made before their agm in September.

Conclusion/recommendation

- 11 responses are hardly representative – ask for more; there are currently some important silences

- Put all suggested events that we could enter on the fixture list

- Approach Kent vets track league to get on their waiting list

- Promote national vets xc and national road relays

- Publicise qualifying events for England Athletics masters road team comp

Len Reilly

March 2020

Team Member 1	Time	Team Member 2	Time	Team Member 3	Time	Total
George Russell	01:19:23	Craig Phillips	01:19:30			02:38:53
Georgina Wiley	01:24:35	David Mohring	01:15:31			02:40:06
Ben Cook	01:14:59	Dan Ansell	00:40:05	Andrea Barber	0:46:59	02:42:03
Eliza Grant	01:30:50	Jonathan Tipper	01:13:40			02:44:30
Nicholas Ostrowski	01:20:37	Chris Schofield	01:24:36			02:45:13
Roger Beardsworth	01:30:34	Phil Sanders	01:14:45			02:45:19
Peter Lighting	01:14:54	Simon Allen	01:31:48			02:46:42
Thomas Thain	01:16:59	Iago Martinez	01:30:38			02:47:37
Adam Paterson	01:19:29	Paul McCrone	01:31:16			02:50:45
Will Pitt	01:17:18	John Slade	01:33:31			02:50:49
Arif Merali	01:24:40	Ed Matthews	01:27:10			02:51:50
Rob Laing	01:19:59	Jen Berg	01:33:34			02:53:33
Niall Stewart	01:15:29	Zuzana Nemckova	01:38:47			02:54:16
Barney Day	01:16:12	Dan Bowers	01:38:18			02:54:30
Dave Morgan	01:16:22	Alan Curtis	00:47:03	Sarah Dowling	00:52:00	02:55:25
Sarah Hanley	01:27:33	Adrian Dracup	01:29:05			02:56:38
Joe Hartley	01:18:50	Laura McCrave	01:38:32			02:57:22
Chris Greenwood	01:09:30	Katie Lang	01:48:00			02:57:30
Lukas Wong	01:24:20	Mike Stewart	01:33:15			02:57:35
Dan Pettitt	01:21:07	Victoria Buck	01:36:37			02:57:44
John Fromyr	01:23:22	Chris Quaid	01:34:55			02:58:17
Ben McGeown	01:21:10	Kieron John Fitzpatrick	01:37:24			02:58:34
Jonathan Beatty	01:16:32	Tom Carpenter	01:42:16			02:58:48
Tom Heslop	01:19:21	Susie Fairbrass	01:40:53			03:00:14
Jake Herrera	02:59:46	Amelia Pettitt	0:46:02			03:01:51
Fergus Johnson	01:28:45	David Devlin	01:33:46			03:02:31
Tom Marshall	01:22:59	Alex Robbins	01:40:02			03:03:01
Sam Evans	01:12:32	Sarah Young	01:51:35			03:04:07
Ben Harding	00:41:07	James Bowler	0:40:27	Kate Williams	01:44:08	03:05:42
Gary Schroeder	01:32:08	Ali Farrall	01:38:17			03:10:25
Anthony Johnson	01:10:42	Heather Castle	02:00:25			03:11:07
Neil Phillips	01:43:17	Alison Thomson	01:33:41			03:16:58
Jim Allchin	01:21:43	Ronnie Haydon	01:58:38			03:20:21
Billy Palmer	01:25:50	James Royston	01:55:05			03:20:55
Chris Busaileh	01:19:50	Phil Marsden	02:01:17			03:21:07
Lawrence Avery	01:23:59	Eleanor Parker	01:57:08			03:21:07
Tim Lawrence	01:14:50	Jo Mott	02:14:00			03:28:50

Name	Target time	Actual time	Difference
Susie	21:30	22:06	+36
Kathy	30:30	33:28	+178
Alexa	19:10	17:53	-77
Jen B	19:45	19:52	+7
Clara	21:00	20:53	-7
Katie	?		
Kate	22:10	21:11	-59
Amelia	18:50 (Dan reduced to 18:30)	18:00	-30
Laura	?	22:21	
Sarah	18:55	18:44	-11
Alison T	20:55	20:18	-37
Ali F	20:50	20:45	-5
Megan	21:00	21:31	+31
Vicky B	21:20	21:21	+1
Teresa	19:45	18:54	-51
Andrea	22:10	21:54	-16
Vic B	20:45	21:18 (20:53)	+8

Team	Name	Time	Running total	Difference
1.	Katie R	5:30		
2.	Penny	6:09		
3.	Abby	9:13		
4.	Meg	6:17		
5.	Alexa	5:03		
6.	Susie	6:23		
7.	Vic S	5:54		
8.	Kathy	9:03		
9.	Georgina	5:42		
10.	Eliza	5:49		
11.	Kate	6:40		
12.	Sarah	5:39		
13.	Teresa	5:36		
14.	Claire S	6:39		
15.	Carrie	7:57	1:36:54	+5:54
16.	Amelia	5:22		
17.	Ali F	6:04		
18.	Laura M	6:17		
19.	Jen B	5:21		
20.	Vic Buck	6:07		
21.	Mandy	6:12		
22.	Dee	5:56		
23.	Alison	6:06		
24.	Vicky Boyle	6:20		
25.	Clara	6:10	2:36:49	
26.	Ellie B	8:59	2:45:48	
0.2	Pete	1:07	2:46:55	+6:17
TOTAL				

Team	Name	Target 3k	Actual	Difference
1.	Alexa	10:20	10:22	+2
1.	Vic B	12:02	11:54	-8
1.	Vicky Boyle	12:18	12:00	-18
1.	Susie	12:43	13:10	+27
TOTAL				+3
2.	Amelia	10:25	10:29	+4
2.	Jen B	11:28	11:17	-11
2.	Meg	12:24	12:54	+30
2.	Laura M	12:52	11:52	-60
TOTAL				-37
3.	Sarah	10:50	10:48	-2
3.	Alison T	11:43	11:43	0
3.	Clara	12:02	12:29	+27
3.	Kathy	19:11	18:28	-43
TOTAL				-18
4.	Teresa	10:55	10:59	+4
4.	Ali F	11:58	11:48	-10
4.	Kate	12:12	12:30	+18
4.	Andrea	12:37	12:22	-15
TOTAL				-3
5.	Georgina	10:43	10:45	+2
5.	Dee	11:35	11:46	+11
5.	Penny	11:26	12:01	+35
5.	Victoria S	11:21	12:02	+41
TOTAL				+89
6.	Ellie B	13:14	15:37	+143
6.	Cath S	11:49	11:45	-4
6.	Carrie	13:56	15:50	+114
6.	Mandy	12:35	12:35	0
TOTAL				+253

